

# Minor Consent Form

Clients under the age of 18 may receive massage therapy under certain guidelines.

- Per North Carolina Board of Massage and Bodywork Therapy rules and regulations, a parent or legal guardian MUST remain present during all massage therapy treatment sessions with minors.
- Written consent and Health History Intake paperwork must be completed and signed by the parent or legal guardian and the therapist before treatment will begin.
- In collaboration with the consenting adult and child, the massage therapist will assist in establishing goals for the session(s).
- Appropriate draping will be used at all times during treatment, only areas being massaged are uncovered.

I, \_\_\_\_\_, am the parent/legal guardian of  
\_\_\_\_\_, I have read the above  
information and give my informed and written consent for \_\_\_\_\_  
to receive massage therapy from Rachel Thomas, LMBT 19236.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Therapist signature: \_\_\_\_\_ Date: \_\_\_\_\_